

## MOBILE PHONES & ELECTRONIC DEVICES

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*Staying connected while traveling through the Nordic region is easy, and can help travelers make the most out of their journey time. Just remember to bring the right kind of plug adapter for your electronic devices. This way, you can stay connected for as long as you are away from home.*

### ❖ Mobile Phones

We highly recommend that travelers bring a phone with them when traveling, in general. In the Nordic region, where 4G and internet services are accessible and available almost everywhere, having a phone can greatly facilitate one's travels. This also helps during emergencies when there are no public phones available – which is mostly the case when traveling through the Nordic region.

With the advent of the smart phone, you can easily pull up maps if you need assistance getting around, purchase bus or train tickets via an app, or call your home travel agent or on-the-ground Travel Designer for any 24/7 assistance that you may need during your travels (be it restaurant reservations, traveling questions, and especially for absolute emergencies).

There are many ways to stay connected while traveling through the Nordic region. You may opt to sign up for your local carrier's international/global plan or for the more budget-conscious traveler, do everything via Wi-Fi from your hotel or establishment offering free internet services. Please note, however, that not all hotels in the Nordic region offer complimentary Wi-Fi services.

For those traveling for an extended period of time, there is also the option to purchase a pay-as-you-go SIM card. Data packages can be offered at a low price, depending on the carrier. However, before leaving home, ensure that your phone is not locked to your carrier. Phones that are locked to a specific carrier will not be able to connect to the local Nordic network.

If you wish to dial a Nordic number with your own phone and using your mobile carrier from home, dial 00 or the + sign (which is the international access code (IAC) from the Nordic region), the country code for the country you are calling from, the local area code (drop the leading zero if there is one, as with Swedish numbers) and then the phone number.

The Nordic countries have the following international access codes: Denmark (45), Norway (47), Sweden (46), Finland (358), Iceland (354), Greenland (299), and the Faroe Islands (298).

The emergency number across the Nordic region is 112.

### ❖ Electronic Devices

All the Nordic countries use the Europlug with two round prongs. Outlet/shape adapters will suffice for small hairdryers, electric razors and some straightening irons. Appliances that use over 220v will need a converter.

Anything with a charger (laptop computers, cameras and cell phone charging cords) has an electricity converter built in so a simple shape adapter will do. If you are unsure, check the back of your device for power input markings.

